

GLUTEN FREE

BREAKFAST

YOGHURT (VG) Bircher granola, Llaeth Y Lan welsh yogurt, almond or soy milk	3.50	KEDGEREE GLUTEN FREE WRAP Smoked haddock kedgerree, curry infusion, chopped free range egg	5.00
TWO EGGS (AS YOU LIKE THEM) WITH A TOASTED GLUTEN FREE MUFFIN (V) and any of the below for a £1 Smashed avocado, roasted butternut squash, bbq leeks, roasted tomatoes, mushrooms, hollandaise, spinach, smoked bacon	4.00	THE BREWSTONE BREAKFAST SKILLET The one pan wonder - Cured back bacon, Heinz baked beans, Pembroke salted new potatoes, confit cherry tomatoes & fried egg	7.00
BREWSTONE BREAKFAST GLUTEN FREE WRAP Fried egg, flat mushrooms, wood roasted tomato & bacon sauce	5.00	SMOKED HADDOCK KEDGEREE SKILLET Smoked haddock kedgerree, poached eggs	8.00
SPICED BEAN GLUTEN FREE WRAP (V) Spiced beans, tomato, red pepper, baked egg	5.00	HUEVOS RANCHEROS (V) Spiced beans, tomato, red pepper, baked egg	6.00
SPANISH TORTILLA & AVOCADO GLUTEN FREE WRAP Smashed avocado, Spanish tortilla, wood roasted tomato, smoked tomato and bacon sauce	5.00	EGGACADO Avocado, poached egg, tomato & smoked tomato and bacon sauce	4.00

LUNCH

GLUTEN FREE WRAPS

11.30am - 5:30pm

ITALIAN MARINATED CHICKEN (N) Mediterranean marinated chicken, sun blushed tomatoes, rocket, toasted pinenuts, raisins and balsamic vinegar	8.50
WOOD SMOKED SALMON Wood smoked salmon, horseradish yoghurt, cucumber chutney, mixed leaves, fresh thyme, lemon	8.75
TRIO OF HUMMUS (V)(N) Chickpea, beetroot & walnut hummus, carrot & tahini	8.00
SALT BAKED BEETROOT (V) Slow roasted beetroot, whipped goats cheese, pickled red onion, toasted seeds & watercress	8.50

Salads

11.30am - 11pm

THE BREWCAESAR Romaine lettuce, anchovies, parmesan, Caesar dressing	7.50
CARAMELISED WOOD ROASTED PARSNIPS (V) Caramelised parsnips, crisp red chicory, rocket, mustard pears, Perl las blue cheese, toasted mixed seeds	8.50
MARINATED WILD AND CULTIVATED MUSHROOMS(VG) Pickled wild mushrooms, grilled radicchio, rocket, wood roasted cherry tomatoes, parsnip crisps	9.50

Upgrade any of the above salads and add chicken, smoked bacon, avocado or hot smoked salmon for £2

(V) VEGETARIAN (VG) VEGAN (N) CONTAINS NUTS

Gluten Free Wood Fired Pizza

11.30am - 11pm

THE CLASSIC [V]

Pomodoro tomato sauce, mozzarella, herb oil, basil

9.50

BREWTEDESCA

Wood fired red peppers, confit cherry tomato, sweet and sour baby onions, olives, rocket, dolcelatte cheese, anchovies

12.50

SALT BAKED BEETROOT [V]

Heritage salt baked beetroot, whipped goats cheese, capers, sage

10.50

ROAST SQUASH [N] [VG]

Roasted butternut squash, red peppers, spinach, herb oil

11.50

HOT SMOKED SALMON

Wood smoked salmon, BBQ spring onions, beetroot, rocket, horseradish yogurt, preserved lemon

13.00

GRILLED BABY ARTICHOKE [N] [VG]

Baby artichoke, spinach, garlic, thyme, lemon, toasted almonds

12.00

WOOD FIRED SKILLETS

5.30pm - 11pm

ZARZUELA FISH SKILLET

Rich tomato Catalan seafood stew with mussels, monkfish & king prawns served with potatoes

16.00

HONEY ROASTED ROOT VEGETABLE CASSOULET [V]

Slow cooked chickpeas and honey root vegetables in a smoked roasted tomato, parsley & garlic sauce, wild rice

13.50

WOOD FIRED BABY SPATCHCOCKED CHICKEN

Baby chicken, Pembroke salt crushed new potatoes, roasted corn, chermoula

15.00

CHUNKY BEEF CHILLI

12hr wood braised beef, wild rice, soured cream & gluten free flatbread

15.00

Small Pots

5.30 pm - 11pm

HOME-MADE SOUP OF THE DAY [V] with GF bread

GARLIC MUSHROOMS [V] with GF bread

HOT PAPRIKA PRAWNS with GF bread

POTTED HOT SMOKED SALMON

TRIO OF HUMMUS [V] [N] with GF bread

MARINATED OLIVES [VG]

SPICED AUBERGINE & MINTED YOGURT [V]

WOOD FIRED HALLOUMI [V]

WOOD OVEN SMOKED POTATO WEDGES [VG]

CRISPY PORK BELLY

HONEY ROASTED ROOT VEGETABLE [V]

ROCKET AND PARMESAN [V]

PEMBROKESHIRE SALTED NEW POTATOES [VG]

GARLIC KALE AND TOASTED ALMONDS [VG] [N]

SALT BAKED BEETROOT [VG]

HUEVOS RANCHEROS [V]

ALL

4.00

each